



SUGGESTED MEETING SCRIPT

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Welcome to the *(individual meeting name)* **meeting of Psychedelics in Recovery!**

(Entheon, Sat. Morning Live, Integration, O.G., Women's, Step Study, etc.)

My name is _____, and I'm a person in recovery and Meeting Chair for today.

Opening: Let us start the meeting with a moment of silence followed by the Serenity Prayer.

PIR Preamble:

Psychedelics in Recovery is a 12-step fellowship of people from all 12-step programs and other paths of recovery who share our experience, strength and hope with each other. Our primary purpose is to pursue recovery and help others do the same, as defined by the individual. As our third tradition states: "The only requirement for membership is an interest in psychedelics and/or plant medicines as an aid to our recovery process."

Our members either have had prior experience with, or are interested in, integrating the intentional use of psychedelics and/or plant medicines into our spiritually-oriented program.

Psychedelics in Recovery is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. We do not sell or promote the use of any substances. This is a safe space in which we can openly discuss the role of psychedelics in our individual recovery journeys. While psychedelics are not considered inherently addictive, we practice mindfulness and accountability around the intentions we carry in the utilization of these medicines.

We recognize that some in recovery may form addictive patterns with anything that induces altered states. If we find we are using these experiences in self-destructive ways or as a means to escape or avoid, we practice rigorous honesty with ourselves and trusted others in order to promptly restore a healthy recovery process.



SUGGESTED MEETING SCRIPT (continued)

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Is anyone new to PIR or new to this PIR meeting who would like to introduce themselves, and share your primary qualifying fellowship if you have one?

(Optional Readings)

I have asked _____ to read "[The Guiding Principles.](#)"

I have asked _____ to read "[Integration And A Plan of Action.](#)"

I have asked _____ to read the [12 Steps of PIR.](#)

I have asked _____ to read the [12 Traditions of PIR.](#)

Main Meeting Portion:

Speaker Discussion / Topic Discussion / Steps or Literature

This is a _____ (describe format) meeting.

(Suggested Speaker Meeting Format: speaker shares their experience, strength, and hope for 10-15 minutes followed by brief shares by others.)

When the speaker, reading or opening topic ends: Now we turn the meeting over to individual shares. Please limit shares according to group size, sharing for about 3 minutes, so that everyone with a desire to speak may do so. Who would be willing to serve as a timekeeper (if needed)?

The meeting is now open for shares on one's own experiences related to 12-step recovery with or without psychedelic experiences.



SUGGESTED MEETING SCRIPT (continued)

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Meeting Ending:

(When either everyone who wanted to share has shared or time has run out)

Thank you for a really good meeting. That is all the time we have for sharing. We do however have time for a burning desire. A burning desire occurs if someone feels they may use, act out, hurt themselves, or hurt someone else if they do not share now. Does anyone have a burning desire?

Contributions can be made through our website: www.psychedelicsinrecovery.org/ by clicking on the 7th Tradition link.

We have meetings every day. If you would like to be added to receive a list of meetings please go to the website and go to the "meetings tab" at the top of the page. We also have a [Psychedelics in Recovery private Facebook group](#) where you can find information about Zoom and in-person meetings.

Are there any PIR or Recovery related announcements?

Thank you for letting me be of service, now let's close with a moment of silence followed by the Serenity Prayer.



SUGGESTED MEETING SCRIPT (continued)

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OPTIONAL ADDITIONS

ANONYMITY:

A reminder that PIR is an anonymous program. Please keep that in mind and respect this safe space. In an effort to provide that safety for all to feel free to say what is on our minds and in our hearts please remember that who you see here, what you hear here, when you leave here, let it stay here. Thank you!

7TH TRADITION BREAK:

PIR is fully self-supported through our own contributions. If you would like to donate to PIR, please visit the website at psychedelicsinrecovery.org and click on the 7th tradition link. You can choose to make a one-time donation or arrange for a monthly contribution to be given automatically.

[CLOSED MEETING ONLY] *(if voted to be a closed meeting):*

Before we begin, please note that this is a closed meeting of PIR. Closed meetings are for those who identify as being in recovery or with a desire to find recovery from addictive processes integrating the 12-steps with or without psychedelic substances. If you feel that this statement does not apply to you at this time, we kindly ask that you leave the room before we begin.

See [Safety Guidelines](#) & [Meeting Netiquette](#) documents for further suggestions