



De Vine, February 2026 Edition

Committee Reports

General Service Representatives, Public Relations, 12-Steps, Literature, and Book Committee Reports

Hope - Member Stories

Andria E-M, Hannah, and Erin C share how the spiritual principle of hope impacts their recovery in the past and present; Erick Z discusses how after almost two decades of sobriety, psychedelic therapy enhanced his experience of humility and transformed his recovery.

Some Thoughts on Step 2, by Douglas N

Step Two. Came to believe that a Power greater than ourselves could restore us to sanity.

Hope

Split

We want to be well. We want to be whole. And still—we may find ourselves letting whatever is loudest decide, whatever is most urgent, whatever promises the quickest relief.

One voice may say: hold it together. Another: burn it down. Another: just disappear for a while. And

Open Service Positions

Please email newsletter@psychedelicsinrecovery.org if you would like to either volunteer for one of these positions or you desire technical training.

Position	Group/ Committee	Job Description	Date and Time
Digital Artist	PR Committee	Create digital media content for PIR across multiple platforms including podcasts, website, newsletter, and literature.	Ongoing
Copy Editor	PR Committee-Newsletter	Edit member and committee contributions to <i>De Vine</i> ; Conduct interviews; Assist with artwork and content choices.	Ongoing

Readers	12-Step Committee	Read content, provide direct feedback, and attend 12-step Book Committee Meetings	Ongoing - See below for dates, times, and contact information
Business Meeting Leader	Tuesday Groovy	Aid GSR with organizing and conducting business meeting	Tuesdays 1400PT; 2200 UCT
Co-Chair	Wednesday Step Study	Assist chair	Tuesdays 1400PT; 2200 UCT
Speakers Needed	Sunday Detach with Love	Speak at meeting	Sunday 0800 PT; 1600 UCT
Chairperson	London In-Person	Lead Meeting	Friday 1700 PT; Sat 0100 UCT
Chairperson	Friday Night Topic	Lead Meeting	Friday 1700 PT; Sat 0100 UCT
Co-Host	Friday Night Topic	Assist Chair	Friday 1700 PT; Sat 0100 UCT
GSR	Friday Night Topic	Attend area and report to group	Friday 1700 PT; Sat 0100 UCT
Chairperson	Monday Meditation	Lead meeting	0400 PT; 1200 UCT
Chairperson	Monday Entheon	Lead meeting	1700 PT; TUES 0100 UCT
GSR	Monday Entheon	Attend area and report to group	Friday 1700 PT; Sat 0100 UCT
GSR	Thursday OG	Attend area and report to group	Thursday 1630 PT; 0030 UCT

GSR	Saturday Men	Attend area and report to group	Sat 1400 PT; 2200 UCT
Tech Co-Host	Sunday Big Book	Assist Chair with readings and monitor chats	Sunday 1700 PT; Sun 0100 UCT



Readers Needed!

If you're willing to read and offer feedback, we'd love your input. Please email twelvesteps@psychedelicsinrecovery.org and we'll send one step at a time for review.

There are currently two meetings reading these steps.

Tuesdays at 1pm PST
 Meeting ID: 835 3934 1211
 Passcode: 805679

[Join our Cloud HD Video Meeting](#)

Wednesdays 4pm PST

Meeting ID: 836 9993 6187

Password: 900897

[Join our Cloud HD Video Meeting](#)

Committee Reports

General Service Representatives, Public Relations, 12-Steps, Literature, and Book Committee Reports

12 Step Committee

PIR®'s 12-Step Committee is finalizing a book that unpacks the Twelve Steps of Psychedelics in Recovery. Our fellowship is diverse — addiction, compulsion, codependency, over-functioning. Different outsides, similar insides. These steps are for anyone who's tired of cycles that cost integrity, peace, or a sense of self.

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PR Committee Visit PIR®'s Integration Radio

PODCAST RELEASED; DIGITAL ARTISTS NEEDED

This month, the PR Committee launched *Integration Radio*, its new podcast, releasing the first two episodes of the *Journey of Healing* series. The committee is currently focused on releasing one additional episode while also resuming the interviewing process to build out future content. One ongoing challenge is managing production momentum, but the team continues to push forward. To support this growing initiative, the committee is actively seeking a digital artist to join as a volunteer — interested individuals should reach out for more details on how to get involved.

General Service Committee

Unity and Transparency

The January GSR Meeting focused on strengthening unity across the fellowship, clarifying the relationship between the PIR fellowship and the nonprofit Board, and supporting greater transparency and communication throughout our service structure. We were grateful to welcome Jason B., who shared a helpful presentation on PIR's service structure.

The meeting also emphasized trust-building, collaboration, and aligning our service efforts with PIR's traditions — particularly tradition 1, which reminds us that our primary work is to



Literature Committee

As *Psychedelics in Recovery™* enters 2026, the Literature Committee (LitCom) is grateful to share an update on the work completed over the past year and the service we are continuing to build together.

We closed out 2025 with the successful publication of updated member materials and FAQs on PIR®'s newly launched website—an important milestone that reflects both the growth of the Fellowship and our shared commitment to clarity, unity, and accessibility. These materials represent the collective voice of the Fellowship, shaped through review, group conscience, and collaboration across service bodies.



Book Committee

All work and projects in the Book Committee have been suspended pending meeting with the board in three months time. For any information please contact forapirbook@gmail.com.

↑ Committee Reports

12 Step Committee

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PIR[®] Integration Radio


Episode 3 — Now Streaming


A new conversation in recovery.
Honest. Grounded. Integrative.

In this third episode, we continue exploring the lived experience of recovery and the intentional integration of psychedelic insight into daily life.

-  Real stories
-  Spiritual principles in action.
-  Community, courage & connection

Listen now on your favourite podcast platform.

 [Link in bio / Website](#) 

 pr@psychedelicsinrecovery.org

PIR[®] is a 12-Step fellowship.
We share experience, strength & hope.

↑ Committee Reports

PR Committee Visit PIR[®]'s Integration Radio

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Please review minutes for a deep-dive into PR Committee's initiatives

February Minutes

PIR – PR Committee: Meeting Minutes

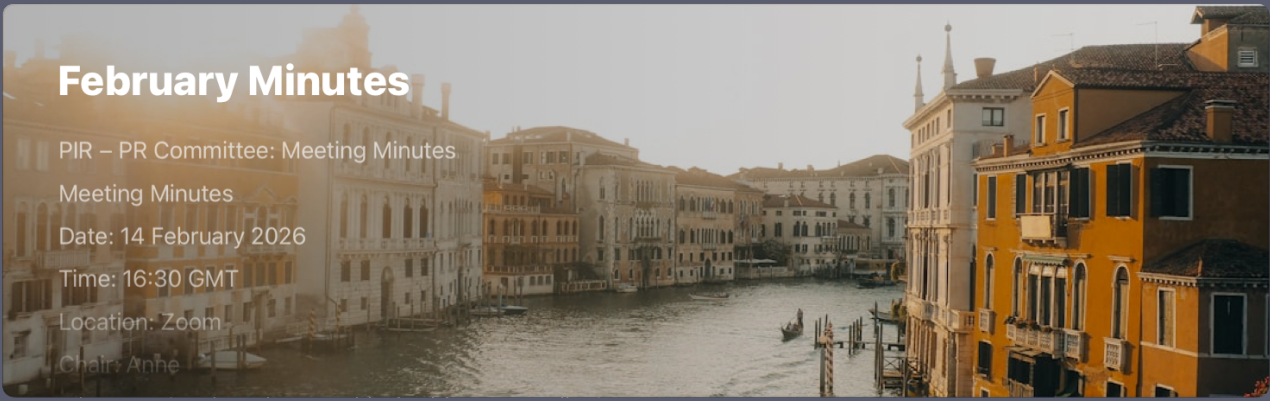
Meeting Minutes

Date: 14 February 2026

Time: 16:30 GMT

Location: Zoom

Chair: Anhe



February Minutes

PIR – PR Committee: Meeting Minutes

Meeting Minutes

Date: 14 February 2026

Time: 16:30 GMT

Location: Zoom

Chair: Anne

Minutes taken by: ChatGPT (drafted from recording)

Presents: Christopher, Karyn, David, Topher



1. Opening

- Meeting opened with brief welcome.
- Focus of today's meeting:
- Integration Radio Episode 3 release
- Information and distribution strategy
- Newsletter coordination
- Website & media outreach alignment



2. Integration Radio – Episode 3 Launch

Status

- Episode 3 confirmed released today
- Poster created and circulated.
- Platforms live (Spotify, Apple, YouTube).

Discussion

- Need for stronger coordinated release rhythm.
- Agreed importance of:
- Consistent bi-weekly cadence.
- Cross-platform announcement (WhatsApp, Instagram, Website, Newsletter).
- Discussion around improving call-to-action clarity (direct links vs "link in bio").

Decisions

- Future episode launches will include:
- WhatsApp poster
- Instagram static post
- Short caption version
- Email/newsletter insert
- Website episode page updated same day
- Voted on a list of new speakers: see updated document: https://docs.google.com/spreadsheets/d/1K01d2u6fjEih_R-vQPPN7OC4qdv-G4d9Kr7sKUGPqi0/edit?usp=sharing

Action Points

Action	Owner	Deadline
Draft short promotional caption version	PR Team	Within 48 hrs
Ensure website updated for Episode 3	Web/Tech	Immediate
Create standardised release checklist	Anne	Before Episode 4



3. Newsletter – De Vine

Update

- Ongoing alignment between podcast and newsletter themes.
- Discussion about cross-referencing podcast episode within newsletter issue.

Agreement

- Each newsletter edition to feature:
- Podcast highlight box
- Direct listening link
- Short excerpt or quote from episode

Action Points

Action	Owner	Deadline
Add Episode 3 section to upcoming De Vine edition	Newsletter Lead	Next publication
Draft 2–3 key quotes from Episode 3	PR	This week



4. Social Media Strategy

Discussion

- Need for:
- More structured content calendar.
- Balanced tone: recovery-forward, not psychedelic-forward.
- Highlighting lived experience safely and responsibly.
- Suggested introducing:
- Quote cards from episodes
- Short audiograms (future phase)
- Consistent brand visual identity

Decision

- Develop a monthly PR content tracker:
- Podcast
- Meetings
- Convention
- Newsletter
- Fellowship announcements

Action Points

Action	Owner	Deadline
Create March content calendar draft	PR Committee	End of month
Explore simple audiogram tool options	PR	Before Episode 4



5. Convention Promotion (Denver 2026)

Brief discussion acknowledging:

- Messaging should reflect:
- 10 years of PIR®
- Integration
- Community depth
- Safety and education

PR to coordinate with Convention Planning Committee once messaging framework finalised.



6. Governance & Process

- Agreement on need for:
- Standardised PR workflow
- Clear ownership of assets
- Documented release procedures
- Emphasis on continuity and professionalism.



7. Closing

- Gratitude expressed to contributors.
- Recognition of momentum building with Integration Radio.
- Meeting closed with intention to build consistency and clarity across platforms.



Summary of Key Themes

- Consistency in release rhythm
- Professionalisation of PR processes
- Stronger cross-platform integration
- Clearer calls to action
- Alignment between Podcast, Newsletter, and Convention messaging

Meeting summary - Saturday 8th November 2025

Quick recap

The PR Committee meeting focused on developing a new newsletter set to launch in January, with discussions around content strategy, format, and distribution methods. The team reviewed the newsletter's purpose and structure, including regular features like spiritual principles and event highlights, while also addressing technical aspects like website integration and template design. Additional updates were shared regarding the podcast's progress, including recorded episodes and plans for Season 2, along with a brief discussion about festival participation costs and a new women's meeting in London.

Next steps

- [Katherine: Create and circulate a draft template \(with placeholder content\) for the newsletter to Anne, Dave, LITCOM \(Christopher\), and relevant committee members for review and input.](#)
- [Anne: Contact Christopher \(LITCOM\) and David Lee \(Tech\) regarding newsletter/blog coordination, and put them in touch with Dave and Katherine as needed.](#)
- [Dave: Coordinate with Anne and Christopher \(LITCOM\) to agree on a standard set of 12 spiritual principles for newsletter content.](#)
- [Anne: Speak with Kevin and David Lee about the use and cleanup of the existing email database for newsletter distribution, and update the minutes with their input.](#)
- [Katherine: Research alternative newsletter distribution formats \(beyond email\) and report back to the group.](#)
- [Anne: Work with Kansas to draft an email to the Iceland Eclipse Festival organizers to request clarification on costs and potential fee waivers for PIR as a harm reduction resource, then present findings to the board for approval.](#)
- [Katherine: Ask her husband to review provided music samples and consider creating jingle options for the podcast intro/outro; share results with Anne and the PR committee.](#)
- [Anne: Send the podcast music brief and current music samples to Katherine and the PR committee for review and feedback.](#)
- [Anne: Write and distribute a new, event-specific press release about the London women's meeting launch to targeted media, and monitor response.](#)
- [Anne: Add Douglas \(12-step committee\) and LITCOM \(Christopher\) to the next PR committee meeting for newsletter/blog coordination.](#)
- [Katherine: Schedule and conduct brainstorming meetings with PIR members next week to develop newsletter content.](#)
- [Anne: Ensure Karen \(GSR\) is given the opportunity to provide improved GSR meeting summaries for inclusion in the newsletter.](#)
- [Anne: Speak with David Lee regarding artwork and visual continuity for the newsletter and podcast.](#)
- [Anne: Update the minutes after speaking with Kevin and David Lee about email database and newsletter distribution logistics.](#)

Summary

Newsletter Launch Planning Meeting

The PR Committee meeting began with technical difficulties as Anne and Katherine had trouble accessing the Zoom link. Lewis joined as a guest to observe the meeting, which was focused on the development of a newsletter set to launch in January. Dave, who was unwell with the flu, joined the meeting remotely. The committee approved the minutes from the previous month's meeting and Dave and Katherine provided an update on the newsletter's progress.

Newsletter Content Planning Discussion

Katherine and Dave discussed the progress and challenges of working on the newsletter, including content creation, scheduling meetings with PIR members for brainstorming, and focusing on member stories related to psychedelic use and recovery. They plan to link newsletter articles to the blog and are considering which service columns or meetings to highlight. Katherine suggested arranging one-on-one meetings with participants to gather content and potentially conduct interviews to meet deadlines. Dave agreed that the test articles were appropriate in length and parameters, emphasizing the importance of keeping the newsletter fresh and manageable.

Newsletter Content Strategy Discussion

The group discussed the content strategy for their newsletter, focusing on balancing fresh content with recurring elements. They agreed that each monthly newsletter should include a step-related piece, a spiritual principle, and event highlights, with the possibility of soliciting member stories in the future. Anne clarified that the newsletter's primary purpose is to improve communication between the committee, GSRs, and fellowship members, and suggested leading with spiritual principles rather than steps to avoid controversy. The team also discussed involving Douglas in their step study meetings and agreed to consult with the LITCOM about the 12 spiritual principles.

Newsletter and Website Content Planning

The group discussed plans for a new newsletter and website content. Anne emphasized the need to contact Christopher from LITCOM and David Lee regarding the blog content, which will be hosted on Substack or the website. Dave suggested including multiple perspectives on spiritual principles, while Anne proposed creating a template to showcase the newsletter's layout and gather content from various groups. The team also discussed the need for a service board to advertise open positions and decided to explore options for distributing the newsletter, potentially through a website signup rather than email.

Monthly Newsletter Format and Content

The group discussed the newsletter format, deciding it would be monthly with a website signup option, and Katherine is developing a template that will match the website's color scheme. They identified key committees that should be represented in the newsletter, including the board, tech committee, 12-step committee, LITCOM, and PR committee. The group also discussed including quarterly updates from the board and photos/illustrations to make the newsletter more engaging.

Iceland Festival Participation Fee Discussion

Kansas shared her successful application to present at the Iceland Eclipse Festival, which would require approximately \$700 for attendance and camping. Anne explained that as a harm reduction resource, PIR typically does not need to pay for festival participation, and suggested responding to the festival organizers to confirm if they would consider waiving the fee due to PIR's harm reduction status. They agreed to resume the discussion once they have more information about costs and better signal strength, with plans to draft a response to the festival organizers and present the matter to the board for approval.

Podcast Production and Marketing Updates

Anne provided an update on the podcast, noting that six episodes have been recorded with six different guests, and they are working on making the podcast visually engaging with animations. She expressed difficulty in finding appropriate music for the podcast and mentioned reaching out to Eminem's agent for the rights to use "Rock Bottom" as an intro/outro. Katherine offered to have her husband, an audio engineer, review the provided music samples and potentially create a custom jingle. Anne also discussed plans for Season 2 and a new format, but decided to postpone this discussion until more committee members are present. She mentioned launching a women's meeting in London and trying a new press release angle focusing on a specific event to improve media response.

Date: Saturday 11 October 2025

Location: Zoom (recorded)

Chair: Anne R

1) Attendance & Apologies

Present: Anne R, Topher (Bliss, SoCal), Dave; Karyn S joined during the call.

Apologies: Missy (unwell), Kevin (sent written comments on press release). David Lee uncertain/likely absent.

2) Opening & Previous Minutes

Meeting opened; previous month's minutes approved.

3) Service Calendar / Link Issue

PR meeting link/time on the Service Calendar is incorrect (shows PM instead of AM). Need to notify Tech to correct AM/PM and verify link.

4) Newsletter – Concept & Workflow

Concept overview (Dave & Katherine): Step of the Month, Spiritual Principles, interactive content. Each PIR committee to have an announcement square. Newsletter will feed the blog with short teasers. Include editorial standards: anonymity, no dosing, right-to-edit disclaimer.

5) Podcast – Update

Jingle/music options being explored (young PIR musician, AI, or medicine-music artists). Pilot recorded by Karin & Topher; edited by Ian Yeh. Move from Zoom to Riverside. Target launch: 1 Nov. Need spoken disclaimer and more male guests.

6) Assets & Social

Centralise podcast clips and visuals. Anne to locate earlier materials. Seek helper to coordinate with David Lee on reels/social posts.

7) Feedback & Comms

Send session recording to absentees and collect comments via pr@psychedelicsandrecovery.org.

Action List

#	Action	Owner	When
1	Raise Service Calendar issue with Tech (AM/PM and link).	Anne / PR → Tech	ASAP
2	Dave & Catherine working session; capture AI transcript/notes and share progress.	Dave & Katherine	Monday evening
3	Draft submission guidelines (anonymity, no dosing, first-person framing, right-to-edit disclaimer).	Dave & Katherine	Next meeting
4	Build newsletter template sections including committee squares and blog excerpts.	Newsletter team	First draft soon
5	Explore podcast music options (PIR musician, medicine-music artists, AI).	Anne + team	This week
6	Set meeting with voiceover professional and confirm script/disclaimer.	Topher	Next week
7	Move podcast production to Riverside and schedule interviews.	Anne + Ian	w/c 20 Oct

8	Share pilot recording and gather feedback.	Anne + all	By 20 Oct
9	Book male guests (Dave M, Ethan, Douglas, Kevin AU, David tie-dye).	Various	Ongoing
10	Centralise assets and find helper to coordinate with David Lee.	Anne + volunteer	Start now
11	Animate website imagery for promo.	Anne → David Lee	Next sprint
12	Find volunteer to research psychedelic societies/events for outreach.	All (PR Comms)	Add to next bulletin

General Service Committee

Unity and Transparency

The January GSR Meeting focused on strengthening unity across the fellowship, clarifying the relationship between the PIR fellowship and the nonprofit Board, and supporting greater transparency and communication throughout our service structure. We were grateful to welcome Jason B., who shared a helpful presentation on PIR's service structure.



The meeting also emphasized trust-building, collaboration, and aligning our service efforts with PIR's Traditions—particularly Tradition 1, which reminds us that our **common welfare comes first and that personal recovery depends on PIR unity**. In addition, we were pleased to reintroduce Subcommittee reports at the GSR meeting, supporting clearer communication and shared understanding across the fellowship.

Paving the Pathway for GSRs

Over the coming month, the GSR Subcommittee will continue focusing on clarity, transparency, and unity within the service structure. Our intention is to **support GSRs by providing consistent meeting structure, clear communication about how service roles connect, and regular subcommittee reports** to help information flow smoothly throughout the fellowship. We remain guided by PIR's Traditions—especially Tradition 1—and are committed to fostering collaboration, trust, and respectful dialogue in service of our common welfare.

We encourage all PIR meetings to have a GSR represented at the Subcommittee. If you know of a meeting without a GSR, consider this an opportunity to participate in service.

Please Read the January Minutes for More Details

GSR Meeting Minutes –January 2026

Meeting Summary

The January PIR GSR meeting focused on strengthening organizational unity, clarifying governance between the Fellowship and the Nonprofit board, and improving communication structures.

Key highlights

• A detailed presentation by Jason on Nonprofit governance, the role of the board and

[↑ Committee Reports · General Service Committee](#)

GSR Meeting Minutes –January 2026

Meeting Summary

The January PIR GSR meeting focused on strengthening organizational unity, clarifying governance between the Fellowship and the Nonprofit board, and improving communication structures.

Key highlights

- A detailed presentation by Jason on Nonprofit governance, the role of the board and fellowship, and options for structural improvement.
- Discussion on Tradition 1 (“Our common welfare should come first; personal recovery depends on PIR unity”).
- Approval of previous meeting minutes and recognition of new GSRs.
- Subcommittee updates
- Introduction of a “Traveling GSR” proposal to support meetings lacking representation.
- Announcement of upcoming office hours, board meeting (Feb 2), and plans for a Denver convention (Oct 8–12, 2026).

The meeting emphasized transparency, collaboration, and building trust between the fellowship and the board while maintaining focus on service and recovery unity.

1. Opening, Roll Call and Approval of Minutes

- Karyn opened with a moment of silence and reading of Tradition 1.
- Anne discussed Tradition 1 – stressing unity
- 17 GSRs present; new GSRs welcomed (Ben, Paula, Jess).
- Minutes from the previous meeting approved (14 votes in favor).

2. GSR Committee

GSR Reports and Service Vacancies

Saturday Morning Live – Ben new GSR !

- Tuesday Groovy – Looking for support at the Business Meeting
- Sunday Integration - doing fine
- Wed Step study – Group has decided to use the PIR Steps – may need a co chair
- Sunday Detach with Love - Doing Well – Speakers on the 3rd Sunday of the Month –

3. Guest Presentation – Jason B (NonProfit Consultant)

Topic: Understanding PIR's 501(c)(3) structure and fellowship relationship.

Highlights:

- Explained nonprofit governance, fiduciary duties, legalities and transparency requirements.
- Clarified that PIR's board-led structure mirrors AA's model; fellowship handles day-to-day recovery activities.
- Addressed questions on bylaws, elections, and member involvement.
- Emphasized unity, transparency, and gradual structural development before expansion.
- Suggested creating a strategic plan and communication ladder between board and

fellowship.

- Office hours scheduled for follow-up Q&A.

Subcommittee Reports Book Committee (Cliff & Cheryl)

- Completed edits and redesign of the PIR book.
- Awaiting board guidance on publication.
- Editor's edition available via forapirbook@gmail.com.

PR Committee (Anne)

- Launching “De Vine” Newsletter and Integration Radio Podcast (first 8 episodes recorded).
- PR@psychedelicsinrecovery.org – Please contact if you are going to any events, festivals or is interested in making article submissions for the newsletter.
- Please contact if you are interested in social media management
- Newly Formed Committee within the PR Committee for Events/Planning festival presence and outreach for summer 2026.
- See [Service Website](#) for further Details

12-Step Committee (Douglas)

- PIR Steps finalized and being tested in meetings.
- Two active step-study meetings (UK and Wednesday Step Study).
- Inviting feedback from fellows.
- See [Service Website](#) for Further Details

Tech Committee (David Lee)

- Major update to the service website and calendar for transparency.
- <https://service.psychedelicsinrecovery.org/>

- Centralized committee minutes, contact info, and service opportunities.
- Working on improved navigation between main and service sites.
- Encouraged members to report issues via WhatsApp.

Literature Committee

- See [Service Website](#) for Further Details

4. Old Business

- Inclusivity discussion from prior month concluded.
- GSR WhatsApp chat consolidated; old chat to be closed.
- Reminder: GSRs must report open service positions via monthly forms.

5. New Business

Proposal: Traveling GSR Role (Anne)

- Purpose: Ensure meetings without GSRs remain connected to the fellowship.
- Duties: Visit unrepresented meetings monthly, share updates, collect feedback.
- Discussion:
 - o Supportive overall; suggestions to limit number of meetings per traveling GSR.
 - o Clarification needed on responsibilities and coordination.
 - o Decision: Anne to refine proposal and circulate draft for group feedback before next vote.

Convention Announcement (Erin)

- Planning PIR General Service Convention in Denver, Oct 8–12, 2026.
- Venue: “The Alliance” co-working space (ADA compliant, flexible, no deposit).
- Focus: Education, dialogue, and unity—not retreat or treatment.


- GSRs to gather group input on themes and volunteer interest via upcoming Google form

6. Other Announcements


- Board Office Hours:

There are 3 scheduled "Open Office Hours" With the Board next week (1/19-1/24) for anyone who wants to join:


1. Monday at 9:30a PST / 12:30p EST / 5:30p GMT with Erin & Anne:




Join our Cloud HD Video Meeting
Zoom is the leader in modern enterprise cloud communications.

 <https://us06web.zoom.us/j/82031056804?pwd=7aMpbRnRkZQK4K3uajd9y0oY5UNj1H.1>


2. Wednesday at 12:30p PST / 3:30p EST / 8:30p GMT with Anne, Jason, and Kevin:




Join our Cloud HD Video Meeting
Zoom is the leader in modern enterprise cloud communications.

 <https://us06web.zoom.us/j/82380369038?pwd=kM51MZaCulysWKzIHu5bsf2XYI9lyQ.1>

3. Saturday at 8:30a PST / 11:30a EST / 4:30p GMT with Karyn & Kevin:



Join our Cloud HD Video Meeting
Zoom is the leader in modern enterprise cloud communications.

 <https://us06web.zoom.us/j/82088548585?pwd=NjV9YVAE7aqL1Y9Ze64cMaXG7xaZQ8.1>

These are all also listed on the Service Calendar:



Calendar

Author david lee

Please keep questions concise and related to governance or process

One question per person, so we can hear multiple voices

Follow-ups may be parked if we need to move on

This isn't a debate space, but a place for information and clarification.

We'll be tracking themes and taking feedback forward, rather than resolving everything live.

- Next Board Meeting: February 2, 2026. – See Service Calendar
- Check out the GSR Service Page - <https://service.psychedelicsinrecovery.org/gsr-committee/>
- New In-Person Meetings: Ann Arbor, Charlotte, NYC; GSRs added to WhatsApp support group.

Major Decisions or Agreements

- Previous meeting minutes approved.
- Traveling GSR proposal to be refined and revisited in February
- Office hours and board meeting dates confirmed.
- Convention planning to proceed with fellowship input will be requested via google form.

Action Items and Owners

Action	Owner	Due
Refine Traveling GSR proposal	Anne	Before Next GSR meeting
Publish newsletter & podcast	PR Committee	End of January
Update service calendar & site links	Tech Committee (David) Ongoing	Ongoing
Schedule board-book committee meeting Board & Book Committee TBD	Board & Book Committee T	TBD

Circulate convention interest form	Convention Committee	As soon as ready
Close old GSR WhatsApp chat	Karyn	Completed
Add new in-person GSRs to chat	Karyn	ASAP
Inform your home Groups about the new Whats App community	- All GSRs	
Inform your home Group of the Service Website	All GSRs	

Attendance Participants

Karyn S

Jason B (Pro Bono Non Profit Consultant)

Anne (PR Committee/UK Meeting)

Next GSR Meeting

The meeting concluded with closing remarks and gratitude for those in service. The next PIR GSR Subcommittee Meeting will be held on Saturday, February 21, 2026, at 12 pm EST

Meeting Adjourned: ~ 2 hours after start

↑ [Committee Reports](#) · [General Service Committee](#) · [GSR Meeting Minutes -January 2026](#)

2. GSR Committee

GSR Reports and Service Vacancies

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- Sunday Integration - doing fine
- Wed Step study – Group has decided to use the PIR Steps – may need a co chair
- Sunday Detach with Love – Doing Well – speakers on the 3rd Sunday of the Month –

Looking for Speakers!!

- Thursday Women and Beyond – No Report
- In-Person Provo– Struggling with attendance – thinking about going hybrid
- In Person Salt Lake City – they want to change meeting to Friday – needs to get fixed on Calendar
- NYC In Person – Going strong after 3 Months – Needs to go on Calendar
- Liminal Lounge – doing fine
- London Meeting In Person – Looking for a chairperson
- Wed UK Meeting – Meeting is thriving!
- Austin Meeting – doing fine
- Friday Night Topic – ALL service Positions are needed to be filled
- Monday Womens Meeting – doing fine
- Monday Entheon - Looking for a chair person
- Monday Mediation – Needs a Chairperson
- Loving Parent Guidebook - No Jan Report – Last Month was looking for a co chair
- Thursday OG – doing fine – Needs a new GSR
- Saturday Men – Doing fine - Needs a new GSR
- Saturday Ramen – Needs a GSR and Co Chair (Did no receive a January report)
- Sunday Big Book – Needs Tech Host
- Ann Arbor In Person – No Report
- Charlottee In Person – No Report
- Tuesday Family of Origin – No Report
- Wed Queer in Recovery – No Report
- Thursday Meditation – No Report
- Thursday – Love, Sex and Relationships – No Report
- Thursday – Conscious Contact – No Report
- Friday 11th Step Mysticism – No Report

- Saturday Symphony of Sisters – No Report
- Sunday BIPOC – No Report

↑ [Committee Reports](#) · [General Service Committee](#) · [GSR Meeting Minutes –January 2026](#)

Attendance Participants

Karyn S

Jason B (Pro Bono Non Profit Consultant)

Anne (PR Committee/UK Meeting)

Jess – Wed Step Study

Ben – Saturday Morning Live

Cheryl S – Austin

Andria – Liminal Lounge

Christy B – Friday Night

Katherine -Women Beyond Sobriety

James – UK

JJ – NYC in Person

John S – Thursday Mediation & Ramen

Matt – Charlotte In Person

Mike B – Groovy Tuesday

Paula G – Sunday Night Integration

Patrick Long Island – Sunday Integration

Sabrina – Monday Entheon

Shaynna – In Person Salt Lake City

Topher – Thursday OG Men

Alan H – Family of Origin

Cliff - Book Committee

Douglas - 12 & 12 Committee

David Lee - Tech Committee

Erin S - Convention/Events

Kristian - Detach with Love

Jodi Hoyt - In Person Ann Arbor Meeting

Zach - In Person London Meeting

Kansas

Rob P

Literature Committee

As *Psychedelics in Recovery*[™] enters 2026, the Literature Committee (LitCom) is grateful to share an update on the work completed over the past year and the service we are continuing to build together.



We closed out 2025 with the successful publication of updated member materials and FAQs on PIR®'s newly launched website—an important milestone that reflects both the growth of the Fellowship and our shared commitment to clarity, unity, and accessibility. These materials represent the collective voice of the Fellowship, shaped through review, group conscience, and collaboration across service bodies.

Trademark Alignment

Following PIR®'s newly registered trademark status, LitCom has begun the careful process of updating existing literature to reflect trademark alignment, ensuring consistency and protection of the Fellowship's name and message as we move forward. This work is being done thoughtfully and deliberately, with respect for the literature that has carried us thus far.

In parallel, LitCom has been establishing a working relationship with the newly formed Public Relations Committee, clarifying roles, workflows, and shared responsibilities around curation, review, and dissemination. This collaboration supports a healthy and transparent flow of communication between committees and helps ensure that PIR®'s written voice remains consistent across newsletters, blogs, podcasts, and web platforms.



2026 Digital Debut

We are also excited to formally establish LitCom's presence on the new [Service Page subdomain](#) and within the Fellowship's newsletter—creating clearer pathways for members to understand how literature is developed, reviewed, and shared, and how they can participate in this service.

Currently, LitCom is reviewing several pieces of literature that are ready for consideration for publication. Once finalized, these materials will be shared through PIR®'s web presence and disseminated through the Fellowship with the support of General Service Representatives (GSRs)—strengthening communication between committees and groups.

Throughout this work, LitCom remains grounded in PIR®'s principles of trust, inclusivity, unity, and shared responsibility. **We recognize that literature is not merely informational—it is connective.** It carries the tone, intention, and spirit of the Fellowship. By tending carefully to our written materials, we help support coherence across groups while honoring the diversity of experience within PIR®.

As we begin this new chapter, LitCom warmly welcomes volunteers who feel called to support this service—whether through reviewing drafts, offering feedback, participating in meetings, or helping bridge communication between groups and committees. No special expertise is required—only a willingness to listen, collaborate, and serve with humility.

↑ Committee Reports

Book Committee

All work and projects in the Book Committee have been suspended pending meeting with the board in three months time. For any information please contact forapirbook@gmail.com.